

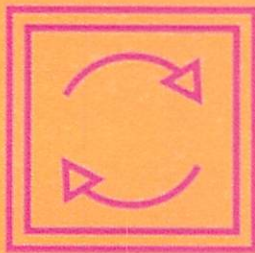
THE 4 C'S OF PARENTING WITH OURPACT

Paired with the 4 C's of parenting, the OurPact application is a great way to positively reinforce your children's healthy device habits.



CHOICE

Set your OurPact device use schedules with your child. This will make them agreements, not imposed rules.



CONSEQUENCE

Help your child understand that decisions regarding online behavior and time management have real, direct outcomes.



CONSISTENCY

Follow through on your agreements, and practice what you preach. If you block devices for family meals, set yours aside as well.



CARE

You're using OurPact to limit access to Internet and apps because you care for your child's best interests. Make this clear.