



THE

SHED

create • connect • confide

KnowResolve is proud to announce the opening of The SHED, our after-school center for teens, by teens! Our vision is to address the gap between private practice care and hospitalization for teens struggling with mental health issues. There will be a strong focus on the arts with music, poetry readings, storytelling, open mic nights, art and photography exhibits, classes, workshops and lessons. Support groups and drop-in counseling will also be offered, as well as restorative practices such as yoga and meditation. This is a true "Youth Driven Space" as teens have a working partnership with adults in what happens here and how it looks. The goal is to build resilience and teach life skills by offering a safe space for teens to create, connect and confide - with each other, and with trusted, caring adults.

**The SHED is located at 13295 West Star Drive in Shelby Township  
Open 2pm to 6pm Monday through Friday**



**KnowResolve**  
youth suicide awareness and prevention

a 501(c)(3) non-profit org. Federal ID #26-0275443  
**(877) 228-9550 • [www.KnowResolve.org](http://www.KnowResolve.org)**