

CHIPPEWA VALLEY SCHOOLS ADULT & COMMUNITY EDUCATION

Classes held at Chippewa Valley High School Pool: 18300 19 Mile Rd, Clinton Twp 48038









Monday: At Chippewa Valley High School **Session 1:** 01/05, 01/12, 01/26, 02/02, 02/09, 02/23

Friday: At Chippewa Valley High School

Session 1: 01/09, 01/16, 01/23, 01/30, 02/06, 02/13, 02/27

Wednesday: At Chippewa Valley High School **Session 1:** 01/07, 01/14, 01/21, 01/28, 02/04, 02/11, 02/25

Saturday: At Chippewa Valley High School

Session 1: 01/10, 01/17, 01/24, 01/31, 02/07, 02/14, 02/28

Per student class fees: \$68/7-session class, \$58/6-session class. Classes are 45min unless otherwise noted.

Swim Program Pool Supervisor: Alex Sprowitz, asprowitz@cvs.k12.mi.us **All registration for the Swim Program is handled through the Community Education Office **NOT** at the pool.

Aqua Tots - 1/2 Hour Class

For children 3-5 years old, this class is designed for a parent to be in the water with the child. Child uses a flotation device

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Aqua Tots-01-10-S1	Saturday	12:15 PM		



Goldfish (PA) - 1/2 hour class

For children 3-5 years old, this class is designed for a parent to be in the water with the child. Child uses a flotation device.

GoldfishPA-01-05-M1	Monday	6:45 PM
GoldfishPA-01-07-W1	Wednesday	6:45 PM
GoldfishPA-01-10-S1	Saturday	10:45am
GoldfishPA-01-10-S2	Saturday	11:30am



Goldfish (Reg)

For children 3-5 years old, no parent assistance is needed. Child uses a flotation device.

Monday	6:00 PM	
Monday	6:45 PM	
Wednesday	6:00 PM	
Wednesday	6:45 PM	
Saturday	10:00 AM	
Saturday	10:45 AM	
Saturday	11:30 AM	
	Monday Wednesday Wednesday Saturday Saturday	

<u>Starfish</u>

For children 3-5 years old. Children will learn the basic skills of swimming without a flotation device or parent assistance.

Starfish-01-05-M1	Monday	6:00 PM
Starfish-01-05-M2	Monday	6:45 PM
Starfish-01-07-W1	Wednesday	6:00 PM
Starfish-01-07-W2	Wednesday	6:45 PM
Starfish-01-10-S1	Saturday	10:00 AM
Starfish-01-10-S2	Saturday	10:45 AM
Starfish-01-10-S3	Saturday	11:30 AM

Level 1 - Introduction to Water Skills

For children 6 & up. This class is designed to help students feel comfortable in the water. Learn to submerge mouth, nose & eyes.

Level-1-01-05-M1	Monday	6:00 PM	
Level-1-01-05-M2	Monday	6:45 PM	
Level-1-01-07-W1	Wednesday	6:00 PM	
Level-1-01-07-W2	Wednesday	6:45 PM	
Level-1-01-10-S1	Saturday	10:00 AM	
Level-1-01-10-S2	Saturday	10:45 AM	
Level-1-01-10-S3	Saturday	11:30 AM	

Level 2 - Fundamental Aquatic Skills

Gives students success with fundamental skills. This class is taught in deep water

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Level-2-01-05-M1	Monday	6:00 PM		
Level-2-01-05-M2	Monday	6:45 PM		
Level-2-01-07-W1	Wednesday	6:00 PM		
Level-2-01-07-W2	Wednesday	6:45 PM		
Level-2-01-10-S1	Saturday	10:00 AM		
Level-2-01-10-S2	Saturday	10:45 AM		
Level-2-01-10-S3	Saturday	11:30 AM		

Level 3 - Stroke Development

Level 2: Fundamental Aquatic Skills. Gives students success with fundamental skills. Taught in deep water.

Level-3-01-05-M1	Monday	6:00 PM
Level-3-01-05-M2	Monday	6:45 PM
Level-3-01-07-W1	Wednesday	6:00 PM
Level-3-01-07-W2	Wednesday	6:45 PM
Level-3-01-10-S1	Saturday	10:00 AM
Level-3-01-10-S2	Saturday	10:45 AM
Level-3-01-10-S3	Saturday	11:30 AM

<u>Level 4 – Stroke Improvement</u>

This class develops confidence in the skills learned & helps improve other aquatic skills.

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Level-4-01-05-M1	Monday	6:00 PM			
Level-4-01-05-M2	Monday	6:45 PM			
Level-4-01-07-W1	Wednesday	6:00 PM			
Level-4-01-07-W2	Wednesday	6:45 PM			
Level-4-01-10-S1	Saturday	10:00 AM			
Level-4-01-10-S2	Saturday	10:45 AM			
Level-4-01-10-S3	Saturday	11:30 AM			

Level 5 - Stroke Refinement

This class teaches the refinement of the front/back crawl, breaststroke, butterfly, elementary backstroke, sidestroke, and diving.

Level-5-01-05-M1	Monday	6:00 PM
Level-5-01-05-M2	Monday	6:45 PM
Level-5-01-07-W1	Wednesday	6:00 PM
Level-5-01-07-W2	Wednesday	6:45 PM
Level-5-01-10-S1	Saturday	10:00 AM
Level-5-01-10-S2	Saturday	10:45 AM
Level-5-01-10-S3	Saturday	11:30 AM

Level 6 - Swimming & Skill Proficiency

This class refines all 6 strokes so the child can swim with ease, efficiency, power & smoothness over greater distances. Options after completing include personal water safety, fundamentals of diving, and fitness swimmer

trictude personal water safety, fundamentals of divilig, and fittless swiffing				
Level-6-01-05-M1	Monday	6:00 PM		
Level-6-01-05-M2	Monday	6:45 PM		
Level-6-01-07-W1	Wednesday	6:00 PM		
Level-6-01-07-W2	Wednesday	6:45 PM		
Level-6-01-10-S1	Saturday	10:00 AM		
Level-6-01-10-S2	Saturday	10:45 AM		
Level-6-01-10-S3	Saturday	11:30 AM		



CHIPPEWA VALLEY SCHOOLS ADULT & COMMUNITY EDUCATION

Classes held at Chippewa Valley High School Pool:

18300 19 Mile Rd, Clinton Twp 48038

Private and Semi-Private Lessons

Private lessons are available at \$34.00/per ½ hour Semi-Private Lessons are available at \$50 per ½ hour for 2 students 5:00 PM-5:30 PM or 7:30 PM - 8:00 PM

Available by Request Only

For an appointment email asprowitz@cvs.k12.mi.us

Adult Lap-Drop In

\$5.00 per session

AD-Lap-(date)-M Monday 7:30 PM - 8:30 PM AD-Lap-(date)-W Wednesday 7:30 PM - 8:30 PM

Adult Water Aerobics

The viscosity and weight of the water provide an impact-free way to intensify your work out. All fitness levels welcome!

Ideal exercise for any shape or fitness level! Must be 18. Proper swim attire required.

Chippewa Valley High School Pool 7:30 PM - 8:30 PM

7 Weeks - \$68.00 Seniors (55+) - \$65.00 6 Weeks - \$58.00 Seniors (55+) - \$55.00

AD-WA-01-05-M3	Monday	(6 Weeks)
AD-WA-01-07-W3	Wednesday	(7 Weeks)

Parent Signature: _____

POOL PARTIES

Parents Name: _____

Hold your next function at Chippewa Valley High School Pool **Great for Birthday Parties, Cub Scouts,** Girl Scouts, or for a Family Gathering!!!

Pre-Competitive Swim

For students who have passed level 4 and want to build endurance while working on technique. PC-Swim-01-09-F3 FRI 7:30 PM - 8:30 PM

Adult Swim Lessons

For beginner swimmers over age 18 AD-Swim-01-05-M Mon 7:30 PM - 8:30 PM

Open Swim

When: Fridays Session 1: 01/09/2026 to 02/13/2026

Time: 6:30 PM - 7:30 PM

Fees: Register Online and bring receipt

Ages 11 and Under - \$4.00 Ages 12 and Up - \$5.00

Rules

- Ages 8 & under <u>MUST</u> be accompanied, <u>IN THE WATER</u>, by a responsible person 18 years or older or determined by a
- Swim diapers are **REQUIRED** for untrained children.
- Men/boys swimsuits MUST HAVE A LINER no underwear, briefs, or shorts.

When: Fridays 01/09-02/27

_____ Email Address: _____

Time: 6:30 PM – 7:30 PM/swim time 7:30 PM - 8:30 PM/party room

Fee: \$22/per hour for party room **Swim Fee**: \$5.00/ Ages 12 & up

\$4.00/ Ages 11 & under

Date:

Call: 586-723-2058 to reserve room



You can register online: https://chippewavalleyschools.ce.eleyo.com with a Debit/Credit Card Or in person at Community Education 19120 Cass Ave. Clinton Twp, MI 48038, Little Turtle 50375 Card Rd, Macomb, MI 48044

Home Address:		City:		Zip:
Home Phone: ()		Alternate Phone: ()		
Childs Name:	DOB:	Class #:	Class Name:	Cost:
Childs Name:	DOB:	Class #:	Class Name:	Cost:
MC/Visa#:	Exp.Date	Name on Card:		
Classes may be canceled, shortened in length, or combefore first class. NO REFUNDS ARE ISSUED FOR ONI deducted from all refunds. All attempts will be made customer on any concern or request, always considers will see you at the class. Thank you for your continued Recording of various school and classroom activities of featured in district publications, local media, the Interindicating your approval or denial. I will allow photograph of this student to be pos	E-NIGHT CLASSES, SPECI for a refund should exter ate of the customer's poid d support! with interviews, photogra net, or aired on our educ	AL EVENTS OR AFTER THE nuating circumstances arise ant of view. There are no comply, and video equipment ational access channel (CV	FIRST CLASS HAS MET. An \$8 c. We promise to be fair and r nfirmations mailed out, if you is done throughout the year. (C-TV). Please fill out the meditary.	B processing fee will be reasonable with each a don't hear from us, we . This recording may be