



**Chippewa Valley Big Reds**

# **FLIGHT PROGRAM**



**INCREASE JUMPING, ACCELERATION,  
FLEXIBILITY & ATHLETIC EXPLOSION**



**Contact**

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## **When**

**June 23 – August 30**

**Mondays: 9:00 – 10:30am**

**Tuesdays: 9:00 – 10:30am**

**Thursdays: 9:00 – 10:30am**

**Saturdays: 9:00 – 10:30am**

**(35 Total Sessions)**

## **Who & Where**

**\*Boys entering Grades 7-12**

**\*At Chippewa Valley High School**

## **Length**

**90 minute sessions**

- 15 min. warm up
- 70 min. workout
- 5 min. cool down

## **Package Options**

**Partial (18 sessions) = 2x/week ..... \$100**

**Full (35 sessions) = 4x/week ..... \$150**

*\*Full package also includes FLIGHT T-Shirt\**

Payments must be made online at

<https://chippewavalleyschools.ce.eleyo.com>

OR in person/by mail to Chippewa Valley  
Schools-Adult & Community Ed.

**Administration Office:**

19120 Cass Ave, Clinton Twp. 48038

Cash, Check, VISA, Mastercard all accepted

\$20 fee assessed on returned checks

**Withdrawals:**

Full refund less \$8.00 processing fee  
through 6/30/25

50% refund less \$8.00 processing fee  
through 7/7/25

No refunds will be given after 7/8/25

Payment is **DUE IN FULL** at time of  
registration (last day to register 7/23/25)

Coaches cannot accept registration  
payments

Check #	Credit Card #:	Exp Date
E-mail Address	Student Name	
Parent Name:	Parent Phone:	
Grade	School	DOB / /
Address	City	Zip Phone