

# **CHIPPEWA VALLEY SCHOOLS ADULT & COMMUNITY EDUCATION**

All Summer Swim Classes are held at Dakota High School Pool

No Swim June 29<sup>th</sup> to July 5<sup>th</sup>

# **Class Dates for Summer 2025**

Session 1: 6/16/25 – 6/26/25 Monday-Thursday:	Session 2: 7/07/25 – 7/17/25 - Monday-Thursday:		
06/16, 06/17, 06/18, 06/19, 06/23, 06/24, 06/25, 06/26	07/07, 07/08, 07/9, 07/10, 07/14, 07/15, 07/16, 07/17		
Session 3: 7/21/25 – 7/31/25 - Monday-Thursday:	Session 4: 8/04/25- 8/14/25 - Monday-Thursday:		
07/21, 07/22, 07/23, 07/24, 07/28, 07/29, 07/30, 07/31	08/04, 08/05, 08/06, 08/07, 08/11, 08/12, 08/13, 08/14		
Session 5: 8/18/25 - 8/21/25 - Monday-Thursday: 08/18 08/19 08/20 08/21			

Class Fees: \$77.00 per student / all classes are 45 minutes unless otherwise noted / 8-day classes. Session 5: 4-day class \$39.00

Swim Program Pool Supervisor: Alex Sprowitz, <u>asprowitz@cvs.k12.mi.us</u>

\*\*All registration for the Swim Program is handled through the Community Education Office **NOT** at the pool. Like Us on Facebook @ http://www.facebook.com/CVSCommEd

## Goldfish (PA) - 1/2 hour class

For children 3-5 years old, this class is designed for a parent to be in the water with the child. Child uses a flotation device

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GoldfishPA-06-16 M – Th 6:45pm		
GoldfishPA-07-07	M – Th 6:45pm	
GoldfishPA-07-21	M – Th 6:45pm	
GoldfishPA-08-04	M – Th 6:45pm	
GoldfishPA-08-18	M – Th 6:45pm	
	GoldfishPA-06-16 GoldfishPA-07-07 GoldfishPA-07-21 GoldfishPA-08-04	

### Goldfish (Reg)

For children 3-5 years old, no parent assistance is needed. Child uses a flotation device.

Monday-Thursday	6:00pm	6:45pm
Session 1	Goldfish-06-16-1	Goldfish-06-16-2
Session 2	Goldfish-07-07-1	Goldfish-07-07-2
Session 3	Goldfish-07-21-1 Goldfish-(	
Session 4	Goldfish-08-04-1 Goldfish-08-	
Session 5	Goldfish-08-18-1	Goldfish-08-18-2

### <u>Starfish</u>

For children 3-5 years old. Children will learn the basic skills of swimming without a flotation device or parent assistance.

Monday-Thursday	6:00pm	6:45pm	
Session 1	Starfish-06-16-1 Starfish-06-1		
Session 2	Starfish-07-07-1	Starfish-07-07-2	
Session 3	Starfish-07-21-1	Starfish-07-21-2	
Session 4	Starfish-08-04-1 Starfish-08-0		
Session 5	Starfish-08-18-1	Starfish-08-18-2	

## Level 1 - Introduction to Water Skills

For children 6 & up. This class is designed to help students feel comfortable in the water. Learn to submerge mouth, nose & eyes.

Monday-Thursday	6:00pm	6:45pm	
Session 1	Level-1-06-16-1	Level-1-06-16-2	
Session 2	Level-1-07-07-1 Level-1-07-07		
Session 3	Level-1-07-21-1 Level-1-07-2		
Session 4	Level-1-08-04-1 Level-1-08-04		
Session 5	Level-1-08-18-1 Level-1-08-18-2		

## Level 2 – Fundamental Aquatic Skills

Gives students success with fundamental skills.

Monday-Thursday	6:00pm	6:45pm	
Session 1	Level-2-06-16-1	Level-2-06-16-2	
Session 2	Level-2-07-07-1 Level-2-07-07-2		
Session 3	Level-2-07-21-1 Level-2-07-21-		
Session 4	Level-2-08-04-1 Level-2-08-04-		
Session 5	Level-2-08-18-1	Level-2-08-18-2	

### Level 3 – Stroke Development Level 2 Fundamental Aquatic Skills

Gives students success with fundamental skills.

This class is taught in the deep water.			
Monday-Thursday	6:45pm		
Session 1	Level-3-06-16-2		
Session 2	Level-3-07-07-1	Level-3-07-07-2	
Session 3	Level-3-07-21-1	Level-3-07-21-2	
Session 4 Level-3-08-04-1 Level-3-0		Level-3-08-04-2	
Session 5 Level-3-08-18-1 Level-3-08-18-			

### <u>Level 4 – Stroke Improvement</u>

This class develops confidence in the skills learned & helps improve other aquatic skills

Monday-Thursday	6:00pm 6:45pm		
Session 1	Level-4-06-16-1	Level-4-06-16-2	
Session 2	Level-4-07-07-1	Level-4-07-07-2	
Session 3	Level-4-07-21-1	Level-4-07-21-2	
Session 4	Level-4-08-04-1	Level-4-08-04-2	
Session 5	Level-4-08-18-1	Level-4-08-18-2	

### Level 5 - Stroke Refinement

This class teaches the refinement of the front/back crawl, breaststroke, butterfly, elementary backstroke, sidestroke, and diving.

Monday-Thursday	6:00pm	6:45pm	
Session 1	Level-5-06-16-1	Level-5-06-16-2	
Session 2	Level-5-07-07-1 Level-5-07-07-2		
Session 3	Level-5-07-21-1 Level-5-07-21-2		
Session 4	Level-5-08-04-1 Level-5-08-04-2		
Session 5	<b>5</b> Level-5-08-18-1 Level-5-08-18-2		

## Level 6 – Swimming & Skill Proficiency

This class refines all 6 strokes so the child can swim with ease, efficiency, power & smoothness over greater distances. Option after completing include personal water safety, fundamentals of diving, and fitness swimmer.

Monday-Thursday	6:00pm	6:45pm
Session 1	Level-6-06-16-1	Level-6-06-16-2
Session 2	Level-6-07-07-1	Level-6-07-07-2
Session 3	Level-6-07-21-1	Level-6-07-21-2



# **CHIPPEWA VALLEY SCHOOLS ADULT & COMMUNITY EDUCATION**

# **Open Swim**

When: Tuesdays and Thursdays 6/17/2025 to 8/21/2025 Time: 7:30PM - 8:30PM Fees: Register Online and bring receipt Ages 11 and Under - \$4.00 Ages 12 and Up - \$5.00

# <u>Rules</u>

- Ages 8 & under <u>MUST</u> be accompanied, <u>IN THE WATER</u>, by a responsible person 18 years or older or as determined by supervisor.
- Swim diapers are **<u>REQUIRED</u>** for untrained children.
- Men/boys swimsuits <u>MUST HAVE A LINER</u> no underwear, briefs, or shorts.

## Private and Semi-Private Lessons

Private lessons : \$34 per ½ hour Semi-Private Lessons: \$50 per ½ hour for 2 students 5:00PM-5:30PM or 7:30PM-8:00PM

## Available by Request Only

For an appointment email <u>asprowitz@cvs.k12.mi.us</u>

## Adult Lap-Swim

## \$5.00 per session

AD-Lap-(date)-T Tuesday (7:30pm-8:30pm) AD-Lap-(date)-TH Thursday (7:30pm-8:30pm)

## **Pre-Competitive Swim**

For students who have passed level 4 and want to build endurance while working on technique.

PC-Swim-06-16-25 Mon 7:30pm-8:30pm 6/16/25-8/18/25 - \$87 for 9 classes

# Springboard and Diving

Approved students will learn proper diving techniques. Must be at least 10 years old and have completed Level 4. 6/18/25-8/20/25 - \$87.00 for 9 classes

Springboard-6-18-25

Wed 7:30pm-8:30pm

## **Adult Water Aerobics**

The viscosity and weight of the water provides an impactfree way to intensify your work out. All fitness levels welcome!

> Ideal exercise for any shape or fitness level! Must be 18. Proper swim attire required.

Chippewa Valley High School Pool 7:30-8:30pm

4 Weeks - \$39.00	Seniors (55+) - \$36.00
5 Weeks - \$48.00	Seniors (55+) - \$45.00

AD-WA-6-16-M (6/16-7/14)	Monday	(4 Weeks)
AD-WA-7-21-M (7/21-8/18)	Monday	(5 Weeks)
AD-WA-6-18-W (6/18-7/16)	Wednesday	(4 Weeks)
AD-WA-7-23-W (7/23-8/20)	Wednesday	(5 Weeks)

#### You can register online: <u>https://chippewavalleyschools.ce.eleyo.com</u> with a Debit/Credit Card Or in person at Community Education 19120 Cass Ave. Clinton Twp, MI 48038

Parents Name:	Email Address:			
Home Address:	City:			Zip:
Home Phone: ()		Alternate Phone: ()		
Childs Name:	DOB:	Class #:	Class Name:	Cost:_
Childs Name:	DOB:	Class #:	Class Name:	Cost:_
MC/Visa#:	Ex	xp.DateNan	ne on Card:	

Classes may be canceled, shortened in length, or combined in the event of low enrollment. Refund Policy: If you need to cancel, please call 586-723-2050 before first class. NO REFUNDS ARE ISSUED FOR ONE-NIGHT CLASSES, SPECIAL EVENTS OR AFTER FIRST CLASS HAS MET. An \$8 processing fee will be deducted from all refunds. All attempts will be made for a refund should extenuating circumstances arise. We promise to be fair and reasonable with each customer on any concern or request, always considerate of the customer's point of view. There are no confirmations mailed out, if you don't hear from us, we will see you at the class. Thank you for your continued support! Recording of various school and classroom activities with interviews, photography, and video equipment is done throughout the year. This recording may be featured in district publications, local media, the Internet, or aired on our educational access channel (CVC-TV). Please fill out

the media release form below indicating your approval or denial.

I will allow photograph of this student to be posted on the Community Education Website \_\_\_\_\_ NO \_\_\_\_ YES

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_