

# STOP SAYING "You are so smart"

## AND START SAYING...

1. You tried really hard on that.
2. You never gave up, even when it was hard.
3. You have such a positive attitude.
4. You have really improved on .....
5. What a creative solution to that problem!
6. What a great friend you are!
7. I love how you took ownership of that!
8. That was a very responsible thing you did.
9. I like the way you are doing .....
10. I admire the way you .....
11. You really handled that situation well because .....
12. It was brave of you to .....
13. I know I can trust you because .....
14. I can tell you studied very hard!
15. I appreciate how helpful you were when you .....
16. It is so nice that you value other people's opinions.
17. I can tell you tried your very best because .....
18. What a creative way to solve that problem!
19. You are not afraid of a challenge! I like that!
20. You thought of that all by yourself!
21. You remembered to ..... (specific skill)! Great thinking!
22. I am so proud that you made that choice.



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