

# COALITION TEEN COUNCIL (CTC)

2025-2026







## **EXECUTIVE BOARD 2025-26**

Ivan Jones (12)	Co-President	
Katharina Vasoski (12)	Co-President	
Sofia Fahey (11)	Co-Vice President	
Emma Wilson (10)	Co-Vice President	
Natalie Atienza (10)	Co-Secretary	
Alivia Nimo (10)	Co-Secretary	
Michelle Burns (11)	Social Media Lead	
Mariana Panevski (10)	Events Lead	

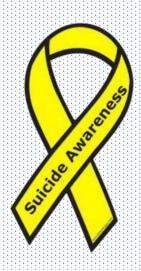
Thank you e-board for your service this year!!



## WHAT WE'RE ALL ABOUT



- ➤ Providing alcohol, drug, mental health and suicide awareness & prevention programming at Dakota
- ➤ Serving as the "voice of youth" for the <u>Chippewa Valley Coalition for</u> <u>Youth & Families</u> along with the CTC club at Chippewa Valley High School
- Helping transition middle schoolers to high school
- ➤ Pledging to remain drug-free and serving as role models for our fellow students



## BENEFITS OF OUR GROUP

- ✓ Flexible participation
- ✓ Leadership opportunities
- ✓ Unique advocacy experience
- ✓ Meet new likeminded friends
- ✓ Promote student wellness
- ✓ Build your high school resume
- ✓ Make a difference!!



- ❖ Meet once per month before school to get updates, discuss upcoming activities, brainstorm ideas, and more. (\*Meetings are not mandatory)
- (Optional) after-school activities or team building Most Thursdays
- Get trained in drug awareness, mental health, leadership, and other topics
- Participate in the Homecoming Parade
- Be Aware 5K for Suicide Prevention in October
- ❖ Attend Chippewa Valley Coalition Meetings once per month
- Conduct Talk About it Tuesday/Wellness Wednesday activities in the lunchroom several times per year
- Initiate school campaigns on mental health and drug awareness
- Host "Family Night Out" community events
- Visit middle schools & host events to help 8th graders transition to high school
- Participate in occasional social outings and field trips
- \* Ride along with the police for our Alcohol & Tobacco Retailer Project
- Host a huge wellness fair for Dakota with community partners
- **❖** AND MUCH MORE!!

**Homecoming Parade** 



Family Night Out Events





Leadership Training with CVHS CTC



Talk About It Tuesdays/Wellness Wednesdays

Be Aware 5k





Alcohol & Tobacco Retailer Project

Girls Making Awesome Decisions event for 4<sup>th</sup>-8<sup>th</sup> grade





**School Musical Outing** 

Middle School Panels



Recognizing our graduating seniors





Wellness Fair

## **Be Aware 5K**

CTC & KnowResolve Fundraiser
SUNDAY, OCTOBER 5
Dakota 9th Grade Center

Find all the info at www.beaware5k.com





Sign up to volunteer!

## Here's how you can participate:

- Register to walk/run -- \$25 (or \$35 includes t-shirt if registered by Sept. 24)
  - Donate and/or Fundraise (look for our CTC group)
- Volunteer—many roles available

Be Aware 5K is our ONLY fundraiser.

Participation/donation is NOT required to be in CTC



An event that unites the community in preventing youth suicide and spreads the message that there is help and hope!

## **SUNDAY, OCTOBER 5TH, 2025**

Please join us on this 5k walk / run to help raise funds and awareness for youth suicide prevention. Proceeds raised through this event support awareness and prevention programs offered locally through KnowResolve and the Chippewa Valley Coalition for Youth and Families.



21055 21 Mile Road • Macomb



#### VISIT WWW.BEAWARE5K.COM FOR MORE INFO AND REGISTRATION





KnowResolve is a Macomb County based 501(c)(3) non-profit organization and donations are tax deductible. For more information, please visit us at: www.KnowResolve.org. The Chippewa Valley Coalition for Youth and Families joins school and community in promoting safe, healthy, and drug-free youth and supports families. For more information, please call 586-723-2360 or visit www.cvcoalition.org.

## **CLUB MEMBER EXPECTATIONS**



- ✓ Attend at least one general CTC meeting per semester.
- ✓ Attend at least one full Coalition meeting each school year
  (located at CVS administration building or on Zoom)
- ✓ Have passing grades in at least 5 out of 6 classes.
- √ Follow school code of conduct with zero suspensions
- ✓ Use social media responsibly and do not use it to display alcohol, vape, marijuana or other drug use (either your own or people you are associated with).
- √ Not engage in illegal behavior or be in trouble with the law

## **GRADUATION CORDS**



In order to earn a graduation cord, the following requirements must be met each year, for a minimum of two years:

Be a member in good standing of CTC

- Attend general club meetings in accordance with club policy (attend at least <u>one</u> general club meeting per semester)
- Attend at least one full Coalition meeting per <u>semester</u> (online or in-person)
- Participate in/volunteer for at least 3 events (minimum 8 hours) outside of school hours per school year.





<u>Students will be responsible for tracking their own attendance/</u>
<u>participation</u> using the CTC Graduation Cord Tracking fillable form (found on the CTC website, under "Forms" on the right side of the page).

Form must be completed and submitted to Mrs. Black by the end of the school year, for a minimum of 2 years, in order to earn the cord.

## 

## ➤ New AND Returning Members:

Please make sure you've completed the **ONLINE Interest Form and Pledge** to ensure you're "officially" registered with us! The QR code is located on our club flyer and website, or scan HERE

➤ Sign up for Remind to receive our communications:

Text "@dhsctc" to 81010 or search "dhsctc"

➤ Follow CTC on Instagram!
Search "DHSCTC"

➤ Pick and choose the activities that work for your schedule & your interests! You can be as involved as you want to be!





# OUR NEXT REGULAR CLUB MEETING WILL BE TUESDAY, SEPT. 23 6:50 am to 7:20 am 9GC Room 316

Morning meetings take place once per month.

If you ride the bus, come to the meeting as soon as you can.

You will arrive back to class about 10-15 minutes late.

You WILL be excused!

Meetings are highly encouraged, but not mandatory!

#### **JOIN US ON THURSDAYS AFTER SCHOOL!**

THURSDAYS ARE OPTIONAL BUT A GREAT WAY TO MEET YOUR FELLOW CTC MEMBERS, PARTICIPATE IN ENRICHMENT & FUN ACTIVITIES.

We meet in 9GC Room 316 after school and usually end by 3pm.

**JOIN US THURSDAYS, SEPTEMBER 18 & 25!** 

## Coming Up in the Next Month!

\*subject to change—and possibly more to be added!

#### SUN MON TUE WED THU FRI SAT

Event	Date	Time	Location
Coalition Meeting	Tues, Sept. 16	3:30-4:30pm	CVS Administration Building or on Zoom
CTC After School	Thurs, Sept. 18	2:15-3pm	9GC Room 316
Club Meeting	Tues, Sept. 23	6:50am-7:20am	9GC Room 316
CTC After School	Thurs, Sept. 25	2:15-3pm	9GC Room 316
CTC After School	Thurs, Oct. 2	2:15-3pm	9GC Room 316
Be Aware 5K	Sun, Oct. 5	9:00am-12:15	Ninth Grade Center
Clinton-Macomb Public Library Tour	Tues, Oct. 7	2:30-4pm	Clinton-Macomb Public Library
Homecoming Parade	Fri, Oct. 10	4:30 line up	DHS - outside

## THANK YOU for your time today! ANY QUESTIONS?



### **CTC club moderators:**

Mrs. Black: <a href="mailto:lblack2@cvs.k12.mi.us">lblack2@cvs.k12.mi.us</a> or 723-3331

Ninth Grade Center Room 316 (Tuesdays/Thursdays)

Mrs. Lange: <a href="mailto:slange@cvs.k12.mi.us">slange@cvs.k12.mi.us</a> or 723-2872 10/12 Building Room 249 (Monday-Friday)