



**Chippewa Valley Big Reds**

# FLIGHT PROGRAM

➔ **INCREASE JUMPING, ACCELERATION, FLEXIBILITY & ATHLETIC EXPLOSION**



Contact

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## When/Where

April 7 – May 24

Mondays: 5:30 – 7pm

Thursdays: 5:30 – 7pm

Saturdays: 9:30 – 11am

(21 Total Sessions)

At Chippewa Valley High School

## Who

Boys currently in  
Grades 6-11th

## Length

90 minute sessions

- 15 min. warm up
- 70 min. workout
- 5 min. cool down

## Total Cost

\$100

Payments must be made online at

<https://chippewavalleyschools.ce.eleyo.com>

OR in person/by mail to Chippewa Valley  
Schools-Adult & Community Ed.

### Administration Office:

19120 Cass Ave, Clinton Twp. 48038

Cash, Check, VISA, Mastercard all accepted

\$20 fee assessed on returned checks

### Withdrawals:

Full refund less \$8.00 processing fee  
through 4/11/25

50% refund less \$8.00 processing fee  
through 4/18/25

No refunds will be given after 4/19/25

Payment is **DUE IN FULL** at time of  
registration (last day to register 4/26/25)

Coaches cannot accept registration  
payments

Check #	Credit Card #:	Exp Date
E-mail Address		Student Name
Parent Name:	Parent Phone:	
Grade	School	DOB / /
Address	City	Zip Phone