



Chippewa Valley Big Reds

FLIGHT PROGRAM



**INCREASE JUMPING, ACCELERATION,
FLEXIBILITY & ATHLETIC EXPLOSION**



Contact

Corey Smith

csmith@cvs.k12.mi.us

586-723-2626

When/Where

Sept 8th – Nov 1st

Mondays: 4:30 – 6 pm

Thursdays: 4:30 – 6 pm

Saturdays: 9:30 – 11 am

(24 Total Sessions)

At Chippewa Valley High School

Who

Boys currently in

Grades 6th – 12th

Length

90 minute sessions

- 15 min. warm up
- 70 min. workout
- 5 min. cool down

Total Cost

\$25 – CVHS Students

\$100 – Non CVHS Students

Payments must be made online at

<https://chippewavalleyschools.ce.eleyo.com>

OR in person/by mail to Chippewa Valley
Schools-Adult & Community Ed.

Administration Office:

19120 Cass Ave, Clinton Twp. 48038

Cash, Check, VISA, Mastercard all accepted

\$20 fee assessed on returned checks

Withdrawals:

Full refund less \$8.00 processing fee
through 9/22/25

50% refund less \$8.00 processing fee
through 10/6/25

No refunds will be given after 10/13/25

Payment is **DUE IN FULL** at time of
registration (last day to register 9/18/25)

Coaches cannot accept registration
payments

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|----------------|----------------|-----------|
| Check # | Credit Card #: | Exp Date |
| E-mail Address | Student Name | |
| Parent Name: | Parent Phone: | |
| Grade | School | DOB / / |
| Address | City | Zip Phone |