



**Chippewa Valley Big Reds**

# FLIGHT PROGRAM



**INCREASE JUMPING, ACCELERATION,  
FLEXIBILITY & ATHLETIC EXPLOSION**



Contact

Corey Smith

csmith@cvs.k12.mi.us

586-723-2626

## When/Where

**Sept 9<sup>th</sup> – Nov 1<sup>st</sup>**

Tuesdays: 4:30 – 6 pm

Thursdays: 4:30 – 6 pm

Saturdays: 9:30 – 11 am

(24 Total Sessions)

At Chippewa Valley High School

## Who

Boys currently in

Grades 6th – 12th

## Length

90 minute sessions

- 15 min. warm up
- 70 min. workout
- 5 min. cool down

## Total Cost

\$25 – CVHS Students

\$100 – Non CVHS Students

Payments must be made online at

<https://chippewavalleyschools.ce.eleyo.com>

OR in person/by mail to Chippewa Valley  
Schools-Adult & Community Ed.

### Administration Office:

19120 Cass Ave, Clinton Twp. 48038

Cash, Check, VISA, Mastercard all accepted

\$20 fee assessed on returned checks

### Withdrawals:

Full refund less \$8.00 processing fee  
through 9/22/25

50% refund less \$8.00 processing fee  
through 10/6/25

No refunds will be given after 10/13/25

Payment is **DUE IN FULL** at time of  
registration (last day to register 9/18/25)

Coaches cannot accept registration  
payments

Check #	Credit Card #:	Exp Date	
E-mail Address		Student Name	
Parent Name:	Parent Phone:		
Grade	School	DOB	/ /
Address	City	Zip	Phone