

VOLLEYBALL TRY-OUTS

FALL 2025

7TH AND 8TH GRADE GIRLS PROGRAM

In order to tryout, a completed physical must be submitted before the first day of tryouts. Date of collection will be August 20th from 8:00-10:30am and 12:00-2:30pm at Seneca Middle School in the main office.

DATES: Wednesday, September 3, 2025 MAIN GYM

Thursday, September 4, 2025 MAIN GYM Friday, September 5, 2025 MAIN GYM

TIME: Wednesday, Thursday, and Friday

3:00 - 4:157TH GRADE 4:15 - 5:308TH GRADE

CLOTHES: WEAR SHORTS, T-SHIRT (NAME ON BACK IS <u>HELPFUL</u>), AND GYM SHOES. KNEE PADS ARE OPTIONAL

****** PHYSICAL IS <u>REQUIRED</u> BEFORE TRY-OUTS.

PHYSICAL FORMS ARE AVAILABLE FROM THE FRONT OFFICE OR ONLINE AT THE CHIPPEWA VALLEY WEBSITE UNDER ATHLETICS.

REGULAR TEAM PRACTICES WILL BEGIN Monday, September 8, 2025 Both teams will practice from 3:00-5:00!

<u>Coaches</u>

7th GRADE—Coach Charbonneau & Coach Mann 8th GRADE—Coach Weeks